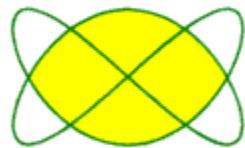


Dear Stable Manager:

1 August 2013



Almost all of the corn and soy grown in the United States has been genetically engineered to be nutrient deficient and toxic. In addition, most of the cottonseed, canola, sugar beet and alfalfa hay has also been genetically engineered to be nutrient deficient and toxic. Most of the wheat now grown in the United States is a new hybrid that has a new protein that is a mild opiate. This encourages overeating. Many are allergic to this new protein.

It is my opinion that over half the cost of non-trauma health care in the United States can be attributed to genetically modified foods and the chemicals that are used to grow them. These nutrient deficient and toxic foods are also fed to animals. One exception is the San Diego Zoo that grows its own organic food because they value their animals. Some growing is contracted out. I do not believe that the San Diego Zoo feeds any of its animals genetically modified food.

When I say “toxic”, I mean that that food has been designed to kill insects. The original source of the poison is usually bacillus thuringiensis, also known as “Bt”. It is from the Anthrax family of bacteria. Bt has been around for a long time and when it is cultured in solution and sprayed onto foods, it is a safe and effective insecticide that can be washed off plants after harvest. But in the last 20 years, the gene that makes this toxin has been isolated, extracted, and genetically spliced into corn, soy, cotton-seed, canola, sugar-beet etc. so that each of these plants have the Bt-gene in every cell of the plant, and every cell makes the Bt-toxin, ... sometimes after being eaten. The Bt-toxin kills’ insects by splitting open their stomach. But it also puts holes in the stomach and gut of animals eating plants containing the Bt-toxin. Leakage of gut “stuff” into the animal’s body creates a toxic environment that is not good for the animal, and is not good for us.

## Do not feed horses foods containing the Bt-toxin.

The other genetic modification is for plants to be “RoundUp Ready”. The main ingredient in RoundUp is glyphosate that attaches itself to the metal nutrients in the soil so they cannot be used. Plants that require essential metal nutrients perish in soil sprayed with RoundUp. Only those plants designed to grow without essential metal nutrients will survive. The problem is that we and our animals also require these metal nutrients. We need chromium to activate insulin. We need cobalt that is at the center of vitamin B-12 that is needed for cell growth and duplication. We need magnesium, manganese, zinc, copper,

iron, sulfur, etc. to have a healthy body that is resistant to disease and able to function correctly. The following video relates glyphosate to almost all the common human diseases. But note that these things also relate to almost all mammals. [Bt-toxin and glyphosate damage all organs.]

[http://www.youtube.com/watch?feature=player\\_embedded&v=h\\_AHLDXF5aw](http://www.youtube.com/watch?feature=player_embedded&v=h_AHLDXF5aw)

## Do not feed horses foods deficient in essential nutrients.

You may also be interested in the following:

[http://www.youtube.com/watch?feature=player\\_embedded&v=wnlTYFKBg18](http://www.youtube.com/watch?feature=player_embedded&v=wnlTYFKBg18)  
is the [Genetic Roulette - The Gamble of our Lives](#) [Full 90 minute version]

<http://www.youtube.com/watch?feature=endscreen&NR=1&v=h0CQrL5nzwo>  
is the [War on Health](#) - Gary Null's documentary exposing the FDA

In the United States, most vitamin and mineral supplements contain GMOs. Avoid them. Use only non-GMO [or organic] vitamin and mineral supplements if needed.

In addition to healthy food, you also need clean air and water for you and your horses. Give them toxic air or water and they will suffer. Before Del Mar took the land for a Race Track, it was occupied by commercial interests that included electronic manufacturing. I would not be surprised to find lead, tin, mercury, arsenic, cadmium, and other metals in the soil, as well as other chemicals. Take care to keep your animals away from the toxins that may harm them.

If you would like an electronic version of this letter, ask for a copy by e-mail to: [Russ@FarTooMuch.Info](mailto:Russ@FarTooMuch.Info), and I will reply with a copy attached. [That way the links will work!] For more information on GMOs, go to <http://NoGMO.FarTooMuch.Info>.

--- Russ Lemon